



Programs for Leaders and Teams

www.evolutionaryintelligenceacademy.com



The Sustainable Professional

Assess the sustainability of current ways of being. Learn how to create internal stability. Leave with a practical toolkit for internal harmony.
For both leaders and teams.

Content Preview

- ✓ Personal Sustainability Audit
- ✓ Energy Fundamentals
- ✓ How to create an inner anchor for stability
- ✓ Tools to create space in your day
- ✓ Action plan for daily integration



3 hour workshop or 3 x 1 hour sessions



Virtual or In Person



Up to 20



The Present & Aware Professional

Explore the difference between presence and awareness. Learn tools to increase both. Apply to everyday work context.
For both leaders and teams.

Content Preview

- ✓ What is presence?
- ✓ What is awareness?
- ✓ 3 x inner technologies to increase both
- ✓ The link with purpose, performance and engagement
- ✓ Tools to apply these 2 key skills to active listening and communications



4 hour workshop or 2 x 2 hour sessions



Virtual or In Person



Up to 20

We also provide bespoke programs tailored to
the needs of your organisation

[BOOK A DISCOVERY CALL](#)



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